

The Arch Gastro Pub

Starters/ Tapas/ Little Bites

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| Buffalo or BBQ Chicken Wings (D,C,E) Choose Spicy or BBQ Sauce with Creamy Blue Cheese Dip and Crudities | €7.95 |
| Port Chicken Liver Pate. (D,G,M,L) Fig, Lemon & Date Chutney, Port Jelly and Garlic Oil Crostini | €7.95 |
| Chicken Tenders With Buffalo or BBQ sauce, blue cheese and crostini. | € 8.95 |
| Sticky Baby Back Ribs (C,D) Rubbed and Slow Cooked Ribs, BBQ glaze, Apple and Celeriac slaw | €7.95 |
| Clonakilty Black Pudding & Potato Cake (E,C,D) On a bed of Apple & Celeriac slaw & Red Pepper Coulis with Rocket Leaves | €6.95 |
| Deep fried Brie (E,D,G,M) Spiced mixed Berries, Organic baby leaves | €6.95 |
| Garlic Mushrooms (G,M,E) Roasted Garlic Aioli. Mixed Organic Baby leaves | €6.95 |
| Flash Fried Calamari (Ms,E,D,G) On a bed of Crispy leaves and sweet Chilli Aioli | €7.95 |
| Smoked Salmon Roulade (F,D,C,R) Stuffed with Mascarpone., Dill and local Prawns. | €11.95 |
| Grilled local Prawns (Cr,D) On a bed of Creamy Cauliflower Biscotti, Truffle Oil and Samphire | |
| Seafood Chowder (D,Ms,F,C,Cr) Seafood and smoked Haddock, on creamy Dill white Wine base | €7.95 |
| Mediterranean Seafood Soup (C,G,F,Ms,Cr) Seafood mix in Tomato Base and Garlic Crouton | €8.95 |
| Soup of the Day (C,D) | €5.50 |
| Home Made Nachos (D,C,E) Corn chips, Monterey Jack and cheddar Cheese, jalapenos, Black Olives, Sour Cream, Salsa, Spring Onions and Guacamole. | €9.95 |
| For an extra € 3 add: Spicy Beef Chicken Pulled Pork | |

Salads

| | Starter | Mains |
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| Classic Caesar Salad | €7.95 | € 11.95 |
| Add Prawns (Cr) | €5.00 | €5.00 |
| Add Chicken | €3.00 | €3.00 |
| Romaine Lettuce, Caesar Dressing, Garlic Herb Croutons, Bacon (Cr,D,G,F,E) | | |
| Thai Beef Salad (D,Ms,M,F,C,Ss,Cr,P,Sb) | €10.95 | €14.95 |
| Thai style marinated Beef strips, Organic baby leaves Mixed Peppers, Red Onions | | |
| Seafood Salad (Ms,Cr,F,D) | €12.95 | €16.95 |
| Mussels, Crab claws, Squid, Prawns and Smoked Salmon all in Lemon and cold pressed organic extra virgin olive oil and organic mixed leaves. | | |
| Tomato Salad (D) | €7.95 | €11.95 |
| Vine Tomato, Cherry Tomato, Shredded Red Onions and Feta Cheese | | |
| Grilled Halloumi Salad (D) | €8.95 | €13.95 |
| Sautéed Baby Potatoes, French Beans, Black Olives, Red Onions, Cherry Tomatoes, Lemon juice and Paisley | | |

Main Courses

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| Pan fried Black Sole (on the bone) (F,G,D) parsley, lemon & butter sauce, steamed asparagus | €26.00 |
| Fish and Chips (G,F,D,X) Castletownbere fresh Haddock in light butter, tartare sauce, and minted creamy mushy peas and twice cooked chips. | €15.95 |
| Fisherman's Pie (F,Ms,Cr,D,C) mixed fish and smoked fish, mussels and prawns in creamy white wine base, topped with creamy mash. | €15.95 |
| Seafood Tagliatelle (G,F,Ms,Cr,C,D,E) mixed fish and seafood in creamy tomato base with garlic bread. | €18.95 |
| Pan fried John Dory (G,D) on a bed of tender stem broccoli, dill white wine cream sauce | €26.00 |
| Scampi (C,R,F,G,D,E,M) breaded monk fish strips served with salad, chips and Mary Rose sauce | €17.95 |
| Lamb Shank (D,C) slow braised with potato gratin with rosemary & red wine jus, seasonal veg. | €19.95 |
| West Cork Chicken Supreme (D,C,G) marinated in lemon & thyme with Clonakilty black pudding, bon bons and tarragon sauce | €16.95 |
| Grilled Chicken Fillet (D,C) scallion creamy mash, seasonal veg & homemade gravy | €13.95 |
| Slow Braised Beef Short Rib (D,C) creamy scallion mash & red wine jus, seasonal veg | €18.95 |
| Homemade Chicken Goujons (D,G,E,M) garlic & sweet chilli dip, side salad & French fries | €13.95 |
| Sticky BBQ Back Ribs (D,C) with French fries & apple & celeriac slaw | €14.95 |
| Ham Hock (D,C) creamy scallion mash, homemade gravy, seasonal veg | €17.95 |
| Beef Lasagne (G,D,C,E,M) with side salad & garlic bread | €15.95 |
| Pork Belly (D,G,C) 16 hours slow cooked pork belly with black pudding potato cake & apple cider sauce | €16.95 |

Steaks

All our steaks are 100% Irish, they are aged and hung for 28 days. They are served with fries, dressed with rocket leaves and cherry tomatoes, with choice of creamy pepper sauce, garlic butter or red wine mushroom sauce.

Temperature Guide:

Rare: red in the middle, lots of red juice
Medium Rare: red in the middle with less red juice
Medium: pink and firm
Medium well: may have a little pink
Well done: no pink at all.

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| 10oz Angus Ribeye | €21.95 |
| 10oz Angus Sirloin | €21.95 |
| 6oz Fillet | €22.95 |
| 8oz Fillet | €26.95 |
| 12oz Fillet | €32.00 |
| Add onion rings (G,X) | €3.95 |
| Add sautéed onions & mushrooms | €2.95 |

Burgers

Burgers are served on a Brioche Bun (G-F also available) with LTO (lettuce, tomato, and onion)

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| Cajun Chicken Burger with coleslaw & garlic mayo (D,C,G) | €12.95 |
| BBQ Pulled Pork Burger with celeriac & apple slaw (G,C,D) | €12.95 |
| Grilled 6oz Irish Beef Burger (G,C,D) | €12.95 |
| Add topping for €1 each: Bacon, blue cheese, onion rings, cheddar cheese, BBQ sauce, sautéed onions & mushrooms, coleslaw, fried egg | |
| American Classic (G,D) Melted Cheddar, streaky bacon, onions & mushrooms | €14.95 |
| Vegetarian Burger (G,D) Grilled courgettes, portobello mushrooms, cheese, onion rings & Harissa Mayo | €12.95 |

Thai Red Curry and Poppadoms (C,G)

Mixed veg, red curry paste, coconut, lemon grass & rice

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| Vegetarian | €13.50 |
| Chicken | €15.50 |
| Beef | €16.50 |
| Prawn (C,R) | €17.50 |

Stir Fry & Prawn Crackers (F,C,R,Ms,X,N,C,Ps)

Chilli, garlic, ginger, sweet soya, oyster sauce, sesame oil and sautéed veg.

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| Vegetarian | €13.50 |
| Chicken | €15.50 |
| Beef | €16.50 |
| Prawn (C,R) | €17.50 |

Mussels Speciality

All our mussels are locally sourced, when ordered as a main course they will be served with twice cooked fries and garlic crostini (G)

| | Starter | Main |
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| Mussels Marinière (Ms.) with shallots, parsley & white wine | €9.95 | €15.95 |
| Garlic Mussels (Ms,D) garlic, cream & white wine | €9.95 | €15.95 |
| Bacon & Chorizo Mussels, (Ms,G,D) shallots, bacon, chorizo, cream & white wine | €11.95 | €17.95 |
| Spicy Mussels (Ms,D) Garlic, chilli, cream & white wine | €10.95 | €16.95 |
| Tomato Sauce Mussels (Ms,D) Choose Mild or Spicy | €11.95 | €17.95 |

THESE ARE SAMPLE MENUS,
SUBJECT TO CHANGE.

Children's Menu

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| Soup of the day (C,D) | €2.95 |
| Garlic Bread with Cheese (D,G) | €2.95/€3.50 |
| Penne Pasta with Tomato Sauce (G,C,E,D) | €4.95 |
| Grilled Chicken with seasonal veg & creamy mash (D) | €6.95 |
| Grilled fish with veg & creamy mash (D,F) | €6.95 |
| Chicken Goujons with veg & fries (G,D,E) | €6.95 |
| Ciabatta Margarita (G,D,E,C) with tomato sauce, topped with cheese | €6.95 |
| Roast of the Day (D,C) | €6.95 |

Desserts

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| Jelly & ice-cream (X,P,D,E) | €3.50 |
| Chocolate Chip Cookie & ice-cream (G,E,D,M) | €3.50 |
| Selection of ice-cream (D) | €3.50 |

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THE
BEARA COAST
HOTEL

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Allergens (D) Dairy, (Ms) Molluscs, (G) Gluten, (E) Eggs, (M) mustard, (F) Fish, © Celery, (S) Seeds, (N) Nuts, (X) sulphates
(CR) crustaceans, (P) peanuts, (SB) Soy Beans, (Ss) Sesame Seeds, (L) Lupins